



# MEDICAL COLLEGE AND HOSPITAL

Kiledaiyalam, Tindivanam, Villupuram - 604 302, TamilNadu.

✉ : deanoffice@jrmch.ac.in | 🌐 : www.jrmch.ac.in | ☎ : +91 4147 290 290

## FOUNDATION COURSE 2025-2026

**Date: Tentatively Starts from 14/10/2026**

| DATE                    | TOPICS                                                                                                                                                                                                                                                              | FACULTY IN CHARGE                                         |
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| 14/10/2026<br>WEDNESDAY | FC1.4 UNDERSTANDING<br>THE RULES AND<br>REGULATIONS OF THE<br>INSTITUTION                                                                                                                                                                                           | <b>Dr. Rajendran.G</b><br>THE DEAN                        |
| 14/10/2026<br>WEDNESDAY | FC1.10HISTORY OF<br>MEDICINE AND ALTERNATE<br>SYSTEMS OF MEDICINE                                                                                                                                                                                                   | <b>Dr.A.Dharmalingam</b><br>Pediatrics                    |
| 15/10/2026<br>THURSDAY  | FC1.1 ROLE OF DOCTORS IN<br>SOCIETY AND THEIR<br>IMPACT<br>FC1.2 ROLES OF INDIAN<br>MEDICAL GRADUATE AND<br>RELATE IT TO SOCIETAL<br>IMPACT<br>FC1.8 ROLES OF PHYSICIAN<br>AT VARIOUS LEVELS OF<br>HEALTH CARE DELIVERY<br>FC 1.9 PRINCIPLES OF<br>FAMILY PARACTICE | <b>Dr.Mageshwari.M</b><br>Community medicine              |
| 15/10/2026<br>THURSDAY  | FC1.3<br>EXPECTATIONS OF THE<br>STUDENTS FROM THE<br>NATION<br>SOCIETY,INSTITUTION<br>,PEERS COLLEAGUES AND<br>PATIENTS AND VICE VERSA                                                                                                                              | <b>Dr. Sivagnanam</b><br>Vice Principal                   |
| 16/10/2026<br>FRIDAY    | FC 2.2 FIRST AID<br>FC2.3 BIOSAFETY AND<br>UNIVERSAL PRECAUTIONS<br>FC 2.5 PROPER HAND<br>WASHING AND USE OF<br>PERSONAL PROTECTIVE<br>EQUIPMENT                                                                                                                    | <b>Dr.Kowsalya</b><br>Assistant Professor<br>Microbiology |
| 16/10/2026<br>FRIDAY    | FC1.6CAREER PATHWAY<br>AND OPPORTUNITIES FOR<br>PERSONAL GROWTH                                                                                                                                                                                                     | <b>Dr. Senthil Kishore</b><br>Pathology                   |

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| 21/10/2026<br>WEDNESDAY | FC 2.4 HANDLING AND SAFE DISPOSAL OF BIOHAZARDOUS MATERIALS IN A SIMULATED ENVIRONMENT                                         | <b>Dr.Raghu</b><br>Microbiology                      |
|                         | FC 2.7 BIOMEDICAL WASTE SEGREGATION AND MANAGEMENT                                                                             |                                                      |
| 21/10/2026<br>WEDNESDAY | FC 2.8 IMMUNISATION                                                                                                            | <b>Dr.Yazhini</b><br>PAEDIATRICS                     |
| 22/10/2026<br>THURSDAY  | FC 3.1 NATIONAL HEALTH GOALS AND POLICIES                                                                                      | <b>Dr.Elanchezhian.D</b><br>Community Medicine       |
|                         | FC 3.2 NATIONAL HEALTH SCENARIO DEMOGRAPHIC SOCIOCULTURAL AND EPIDEMIOLOGICAL ISSUES                                           |                                                      |
| 22/10/2026<br>THURSDAY  | FC3.3HEALTH CARE SYSTEMS IN INDIA                                                                                              | <b>Dr. Sengathir Vendhan R</b><br>Community Medicine |
| 23/10/2026<br>FRIDAY    | FC3.4COMMUNITY HEALTH -INTRODUCTION                                                                                            | <b>Dr.Preetam B Mahajan</b><br>Community Medicine    |
|                         | FIELD VISIT TO COMMUNITY HEALTH CENTRE                                                                                         | <b>Dr.Preetam B Mahajan</b><br>Community Medicine    |
| 23/10/2026<br>FRIDAY    | FC 4.1 CONCEPT OF PROFESSIONALISM AND ETHICS AND CONSEQUENCES OF UNPROFESSIONAL AND UNETHICAL BEHAVIOR                         | <b>Dr.Sushmitha</b><br>Paediatrics                   |
| 24/10/2026<br>SATURDAY  | FC 4.2 UNDERSTANDING COMPASSION ALTRUISM, INTEGRITY, DUTY, TRUST AND CORE VALUES THAT DEFINES PHYSICIAN'S WORK                 | <b>Dr.Malini</b><br>Paediatrics                      |
| 26/10/2026<br>MONDAY    | FC 5.1 ABILITY TO COMMUNICATE WITH PATIENT AND FAMILIES AND AWARE OF BARRIERS TO COMMUNICATION AND APPROPRIATE WAYS TO RESPOND | <b>Dr.Arunmozhi thevan</b><br>Paediatrics            |
| 26/10/2026<br>MONDAY    | FC 5.5 ABILITY FOR ACCESSING ONLINE RESOURCES                                                                                  | <b>Dr. Justina</b><br>Pharmacology                   |
| 27/10/2026<br>TUESDAY   | FC 4.3,4.4,4.10, INTERPERSONAL RELATIONSHIPS                                                                                   | <b>Dr. V. Kamalakkannan</b><br>Psychiatry            |

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| 27/10/2026<br>TUESDAY   | FC 4.9 TIME MANAGEMENT-<br>SIGNIFICANCE AND<br>APPROPRIATE WAYS<br>PSYCHIATRY                    | <b>Dr.Sourya Govindhan</b><br>Psychiatry   |
| 28/10/2026<br>WEDNESDAY | FC 4.7 STRESS MANGEMENT<br>AND RISK TAKING<br>BEHAVIOR-SIGNIFICANCE<br>AND METHODS<br>PSYCHIATRY | <b>Dr.Nirmal kumar</b><br>Psychiatry       |
| 28/10/2026<br>WEDNESDAY | FC 4.14SELF DIRECTED<br>LEARNING<br>FC4.15COLLABORATIVE<br>LEARNING                              | <b>Dr. Jayamala A. K</b><br>Physiology     |
| 29/10/2026<br>THURSDAY  | FC 4.12 GROUP<br>LEARNINGAND<br>GROUPDYNAMICS                                                    | <b>Dr.Muralieswaran</b><br>Biochemistry    |
| 29/10/2026<br>THURSDAY  | FC 4.13 LEARNING<br>PEDAGOGY AND ITS ROLE<br>IN LEARNING SKILLS                                  | <b>Dr.K.V.K.Sundaravadhanam</b><br>Anatomy |

MEU COORDINATOR

*Dr. Jayamala A.K*  
*Jayamala*  
*1/10/2026*



ASSOCIATE DEAN (STUDENT AFFAIRS)

*Academic Co-ordinator*  
*(Phone 1)*

*[Signature]*  
*Dr. K. Radha.*  
*1/10/2026.*

**ACADEMIC CO-ORDINATOR**  
**JR Medical College and Hospital**

DEAN

*[Signature]*  
*01/10/26.*

**DEAN**  
**JR MEDICAL COLLEGE AND HOSPITAL**  
Kiledaiyalam Village, Tindivanam Taluk,  
Villupuram District,  
Tamilnadu - 604 302.